



**LIVE LIFE
OUTSIDE**



Cheyenne Mountain State Park

COLORADO SPRINGS, Colo.- This month we have Mr. Boley of Boley's Bee Haven to fill you in on beekeeping, from start up all the way through the year. Everything the bees/hive needs to survive and thrive!

First half of March Programs 2020

Thursday, March 5th

Program: Telemetry Tracking - TEEN Program

Time: 6:00-7:30 pm

Location: Visitor Center Meeting Room

Details: Wildlife Officer Cassidy English will demonstrate the equipment used for radio collaring and how it's used for important research purposes. The class will start indoors and finish with a field exercise, weather permitting. This class is intended for ages 12-17 years old. For those 15 years of age and younger, parents are requested to stay throughout the program. Please call the Visitor Center to reserve your spot (719)576-2016.

Saturday, March 7th

Program: Bees with Boley's Bee Haven

Time: 10:00 am

Location: Visitor Center Meeting Room

Details: Just in time to prepare for your own apiarist operation. Come learn about what it takes to start and maintain your very own beehive. All the tips and tricks from Mr. Boley of Boley's Bee Haven. Please call the Visitor Center to reserve your spot (719)576-2016.

Saturday March 14th

Program: Bear Aware

Time: 1:00 pm

Location: Visitor Center Meeting Room

Details: Our furry friends will be out and about (depending on weather) soon. Join Hannah while she covers bear biology and habitat while busting some bear myths in Colorado. She will also recap do's and don'ts of bear country and bear encounters. All ages welcome.

Ongoing Programs

Programs: CMSP Trail Challenge and 100 Mile Trail Challenge

Time: Ongoing! Begins Jan. 1st, 2020 – Ends Dec. 31st, 2020

Location: Trail System

Details: Join the 800+ participants who have already accepted our challenge! The goal of the Trail Challenge is to complete ALL 18 of the existing trails for a total of 21.87 miles. Not enough of a challenge for you? The 100 Mile Trail Challenge goal is to log 100 miles of trail within the park. This challenge is a go-at-your-own-pace kind of challenge. A quick sign up is necessary and sign-up sheets will be available at the Visitor Center during business hours. All miles must

be logged and checked off by staff. Completion of the Trail Challenge will earn a special patch and the 100 Mile completers will earn a CMSP Challenge Coin.

Program: CMSP Agents of Discovery: Seasonal Mission

Time: App/self guided

Location: CMSP Trails

Details: Download the Agents of Discovery app for free from the app store or get it on google play. This is an augmented reality mobile game to play and discover CMSP. Unlock geo-located challenges that can only be solved through exploration and discovery!

Every Monday, Wednesday, and Saturday

Program: Yoga in the Park

Time: 9:00 am

Location: Visitor Center Meeting Room

Details: What better setting for a morning workout than Cheyenne Mountain State Park! Join certified instructor Sudhanshu Semwal for Sankalp Yoga every Monday, Wednesday, and Saturday. Beginners are welcome. Dates, times, and locations are subject to change. Call 719-576-2016 to confirm classes or sign up for the weekly email reminder.

Donations are appreciated and a valid parks pass is required on all vehicles entering the park.

Cheyenne Mountain State Park is located at 410 JL Ranch Heights Road, south of Colorado Springs, off of Colorado Highway 115. From the city, take Nevada Avenue south, which becomes Colorado State Highway 115 to JL Ranch Heights Road opposite the Main Gate One entrance to Fort Carson. Programs are free unless otherwise noted, but vehicles entering the park must have a valid State Parks Pass (\$9 daily starting March 1, 2020; \$80 annual vehicle sticker; \$120 Family hangtag).

For more information, call 719-576-2016 or visit,

<http://cpw.state.co.us/placestogo/Parks/CheyenneMountain/>

[Follow us on Facebook and Instagram for events and information.](#)