

CMSP Naturalist Programs & More

Visitor Center hours 9am-5pm Monday-Sunday

On Going Opportunities

Try our Trail Challenge or 100 mile Challenge any day of the week. Drop by the Visitor Center to learn how to earn your patch or coin!

-OR-

Relax with the yoga instructor every Monday, Wednesday and Saturday at 9:00am at the Visitor Center.

Wednesday, September 4

Program: Senior Stroll

Time: 9:00am – 10:00am

Location: Limekiln Trailhead

Details: Join the Naturalist for an easy 1 mile hike on a short loop comprised of the following trails: Little Bear, Zook Loop, Sundance, and Talon. We will be learning about the natural landscape and the wildlife that calls CMSP home. Bringing binoculars is recommended for wildlife watching. Meet the Naturalist in front of the restrooms at the Limekiln Trailhead.

Friday, September 6

Program: Story Time with the Naturalist

Time: 11:00am – 12:00pm

Location: Visitor Center

Details: This program is intended for preschool aged children, but all are welcome! We will be reading “Baby Owls” by Martin Waddell. We will cozy up in the Visitor Center to hear the tale of how three baby owls found themselves separated from their mother. This program will include an owl related activity after the short story reading.

Saturday, September 7

Program: No Child Left Inside

Time: 10:00am – 1:00pm

Location: Limekiln Trailhead

Details: Just because school is back in, doesn't mean we can't still have fun outside! Join us at Cheyenne Mountain State Park to take on the list of “100 Things to do Before You're 12!” If you have not already started this bucket list, that is ok, you're never too old to do these activities! From playing a round of capture the flag to making pressed flower crafts, there will be fun to be had by all! Other activities will include making mud pies, roasting marshmallows over the fire, imitating bird calls, and many more!



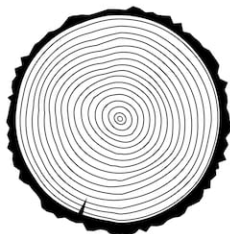
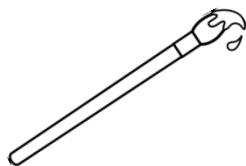
Sunday, September 8

Program: Painting Tree Rounds

Time: 11:00 am – 12:00pm

Location: Camper Services

Details: Join the Naturalist at the Camper Services Building to paint your favorite memory of being in nature on a tree round. This program is great for preschoolers and up.



Friday, September 13

Program: Junior Ranger Fire Safety

Time: 11:00am – 12:00pm

Location: Camper Services Activity Room

Details: Do you love outdoor activities and think you have what it takes to be a Junior Park Ranger? Come join the Naturalist for a lesson in fire safety for the next time you want to enjoy a campfire. The Junior Ranger Handbook will be provided at the class thanks to the Friends of Cheyenne Mountain State Park. This program is recommended for ages 7-14.

Program: Full Moon Photo Workshop

Time: 6:00 pm - 8:00 pm

Location: Visitor Center Meeting Room

Details: Join Mike Pach for a full-moon photo shoot at Cheyenne Mountain State Park. We will meet at the visitor center for a brief lecture before heading into the park for a great view of the moon as it rises over the city. Bring your camera gear, tripod, water and headlamp or flashlight. The cost of this program is \$25 and is limited to 15 participants. A valid state park pass is required as well. Registration must be made through his website:

https://www.meetup.com/cplg_cos/events/264036239

Mike Pach is an internationally known, award-winning photographer who conducts night-sky photography workshops in Colorado. He is the founder of the Colorado Photography Learning Group and the owner of 3 Peaks Photography.



Saturday, September 14

Program: Full Moon Hike

Time: 7:30pm – 8:30pm

Location: Meet at Limekiln Trailhead

Details: Join the Naturalist for an easy, late night stroll that will cover 1.5 miles to watch the moon rise over the city and experience the park after dark. Closed toed shoes required. Please bring a flashlight and we will provide red cellophane.

Sunday, September 15

Program: Junior Ranger Ecosystems Hike

Time: 9:00am – 11:00am

Location: Visitor Center

Details: Do you love outdoor activities and think you have what it takes to be a Junior Park Ranger? Come join the Naturalist for a lesson in Colorado's ecosystems. This Ecosystem Hike will be covering the montane forest found in the park. The Junior Ranger Handbook will be provided at the class thanks to the Friends of Cheyenne Mountain State Park. This program is recommended for ages 12-15. The hike will be approximately 2.5 miles. Bringing a snack and water is recommended. We will be stopping for a break midway through the hike.



All participants must have a valid park pass.

CMSP Naturalist Programs & More

Visitor Center hours 9am-5pm Monday-Sunday

On Going Opportunities

Try our Trail Challenge or 100 mile Challenge any day of the week. Drop by the Visitor Center to learn how to earn your patch or coin!

-OR-

Relax with the yoga instructor every Monday, Wednesday and Saturday at 9:00am at the Visitor Center.

Tuesday, September 17

Program: Telemetry Tracking

Time: 5:00pm – 6:30pm

Location: Visitor Center

Details: Wildlife officer Cassidy English will demonstrate the equipment that is used for radio collaring and how it's used for important research purposes. The class will start indoors and finish with a field exercise. This class is intended for ages 12-18 years old, and reservations are required.

Friday, September 20

Program: Sounds of the Night Walk

Time: 7:00pm – 8:00pm

Location: Camper Services

Details: Join the Naturalist to learn about the animals that thrive at night. Upon occasion those animals will make sounds that may be unfamiliar to your ears. We will discuss those sounds and learn what they mean. This program is intended for ages 7 and up.

Saturday, September 21

Program: Nature's Camo

Time: 11:00am – 12:00pm

Location: Camper Services

Details: Hunters are not the only ones that get to wear camo! Learn how wildlife uses their own camouflage to survive. Meet the Naturalist at Camper Services for an easy 1 mile hike on Racoon Ridge. We will be playing a game that will stump even the savviest sleuth.

Sunday, September 22

Program: Pooch Patrol

Time: 11:00am – 12:30pm

Location: Camper Services

Details: Join the Naturalist for a meet and greet for well-socialized pups, then we'll take a .5 mile hike to learn how our domestic K-9 companions relate to the wild animals that call Cheyenne Mountain State Park home! Dogs must be kept on a 6' or shorter leash. After this hike your pooch will get a Bark Ranger bandana. Reservations Required.

Wednesday, September 25

Program: Senior Stroll

Time: 9:00am – 10:00am

Location: Limekiln Trailhead

Details: Join the Naturalist for an easy 1 mile hike on a short loop comprised of the Zook Loop trail. We will be learning about

the natural landscape and the wildlife that calls CMSP home. Bringing binoculars is recommended for wildlife watching. Meet the Naturalist in front of the restrooms at the Limekiln Trailhead.

Friday, September 27

Program: Hike Blackmer and Cougar's Shadow with a Naturalist

Time: 8:00am – 10:00am

Location: Camper Services

Details: Have you ever been out hiking and had questions about what you are finding along the way? Now is your chance to get your answers! Meet the Naturalist at Camper Services to begin the 2.5 mile hike. The hike is recommended for ages 12 and up.

Saturday, September 28

Program: Beginner's Archery Class

Time: 9:00 am to 10:30 pm

Location: Archery Range

Details: Learn to shoot like a pro! One on one instruction will help students learn how to shoot or polish up on skills you already have. All equipment is provided. Ages 8 and up. Space is limited, so call the Visitor Center at 719-576-2016 to save your spot!

Program: Archery Practice Session

Time: 10:30 am to 12:00 pm

Location: Archery Range

Details: Phase 2! For those that have completed one of our beginner archery classes, you are welcome to come out and practice those skills you learned. All equipment is provided. Ages 8 and up. Space is limited, so call the Visitor Center at 719-576-2016 to save your spot!

Sunday, September 29

Program: Junior Ranger Ecosystem Hike

Time: 11:00am – 12:00pm

Location: Visitor Center

Details: Do you love outdoor activities and think you have what it takes to be a Junior Park Ranger? Come join the Naturalist for a lesson in Colorado's ecosystems. This Ecosystem Hike will be covering the shrublands found in the park. The Junior Ranger Handbook will be provided at the class thanks to the Friends of Cheyenne Mountain State Park. This program is recommended for ages 7-14. The hike will cover approximately 2 miles. Bringing a snack and water is recommended. We will be stopping for a break midway through the hike.



All participants must have a valid park pass.