



## Cheyenne Mountain State Park

COLORADO SPRINGS, Colo. –

### April Programs 2019

#### Friday, April 5

**Program:** Stories Among Our Stars

**Time:** 8:00 pm

**Location:** Prairie Falcon Amphitheater

**Details:** The new moon is a perfect time to check out constellations in the night sky. Join the Naturalist for an hour of fun at the Amphitheater. Learn about the Greco-Roman characters you find in the stars. This mythology based program is perfect for small children and adults. There is limited parking at the Amphitheater. Overflow parking will be at Camper Services. In case of poor weather conditions, program updates will be posted on Cheyenne Mountain State Park's Facebook page.

#### Saturday, April 6

**Program:** Slithering Snakes

**Time:** 11:00 am

**Location:** Visitor Center

**Details:** Snakes can seem like a strange animal. Once you learn why they look and act the way they do they may not seem so scary. Join the Naturalist at the Visitor Center to learn about our resident snakes in the park. You will have a chance to meet our snake ambassador, Sully. This program will be 30 minutes long and held indoors.

#### Sunday, April 7

**Program:** Wildlife Wander

**Time:** 9:00 am

**Location:** Camper Services

**Details:** Being an early riser can have its advantages to seeing wildlife. Join the Naturalist bright eyed and bushy tailed at Camper Services to go on a moderate 1.5 mile hike. We may have the chance to see the park's resident wildlife. Hiking shoes and binoculars are recommended.

#### Friday, April 12

**Program:** Silent Flyers

**Time:** 5:00 pm

**Location:** Camper Services

**Details:** Join the Naturalist at the Camper Services activity room to learn about owls. The program will run for 30 minutes and will be held indoors.

#### Saturday, April 13

**Program:** Birding Basics

**Time:** 9:00 am

**Location:** Visitor Center

**Details:** Are you interested in learning how to bird, but aren't sure how to start? Join the Naturalist at the Cheyenne Mountain State Park Visitor Center to learn the basics of birding! You will have the chance to practice your birding skills on an easy 0.5 mile hike on the Coyote Run trail. This program will be 45 minutes long. Hiking shoes are recommended. Binoculars will be supplied if you do not already own a pair.

### **Sunday, April 14**

**Program:** Touch Table: Skins and Skulls

**Time:** 11:00 am – 1:00 pm

**Location:** Visitor Center

**Details:** Drop by between 11:00 am and 1:00 pm to get hands-on with the animals in our park! Learn about the different adaptations that help these animals survive in the wild.

### **Friday, April 19**

**Program:** Full Moon Hike

**Time:** 8:00 pm

**Location:** Limekiln Trailhead

**Details:** Each month the full moon gets a new name. Join the Naturalist for a 1 mile hike on the Zook Loop to learn what the April moon is called and why. Hiking or close toed shoes are recommended. Reservations are required! This popular program fills up fast, so call the Visitor Center at 719-576-2016 to save your spot!

### **Saturday, April 20**

**Program:** Signs of Spring

**Time:** 10:00 am

**Location:** Camper Services

**Details:** Spring is here, which means our natural landscape is transforming! Join the Naturalist for a moderately easy 1 mile hike to see how the park is gradually changing. We will keep our eyes peeled for different wildlife and plants.

**Program:** Beginner's Archery Class

**Time:** 10:00 am

**Location:** Archery Range

**Details:** Learn to shoot like a pro! One on one instruction will help students learn how to shoot or refresh skills that you may have learned years ago. All equipment is provided. Ages 8 and up. Reservations are required! Space is limited, so call the Visitor Center at 719-576-2016 to save your spot!

### **Sunday, April 21**

**Program:** Make Your Own Nature Journal

**Time:** 10:00 am – 11:30 pm

**Location:** Camper Services

**Details:** It can be fun writing or drawing what you see on your hikes. Stop by Camper Services to create a nature journal that can hold all of your Cheyenne Mountain memories.

### **Sunday, April 28**

**Program:** Touch Table: Skins and Skulls

**Time:** 11:00 am – 1:00 pm

**Location:** Visitor Center

**Details:** Drop by between 11:00 am and 1:00 pm to get hands-on with the animals in our park! Learn about the different adaptations that help these animals survive in the wild.

## Ongoing Programs

**Programs:** CMSP Trail Challenge and 100 Mile Trail Challenge

**Time:** Ongoing! Begins Jan. 1st, 2019 – Ends Dec. 31st, 2019

**Location:** Trail System

**Details:** Join the 800+ participants who have already accepted our challenge! The goal of the Trail Challenge is to complete ALL 18 of the existing trails for a total of 21.87 miles. Not enough of a challenge for you? The 100 Mile Trail Challenge goal is to log 100 miles of trail within the park. This challenge is a go-at-your-own-pace kind of challenge. A quick sign up is necessary and sign-up sheets will be available at the visitor center during business hours. All miles must be logged and checked off by staff. Completion of the Trail Challenge will earn a special patch and the 100 Mile completers will earn a CMSP Challenge Coin.

### Every Monday, Wednesday, and Saturday

**Program:** Yoga in the Park Time: 9:00 am

**Location:** Visitor Center Meeting Room

**Details:** What better setting for a morning workout than Cheyenne Mountain State Park! Join certified instructor Sudhanshu Semwal for Sankalp Yoga every Monday, Wednesday, and Saturday. Beginners are welcome. Dates, times, and locations are subject to change. Call 719-576-2016 to confirm classes or sign up for the weekly email reminder. Donations are appreciated and a valid parks pass is required on all vehicles entering the park.

Cheyenne Mountain State Park is located at 410 JL Ranch Heights Road, south of Colorado Springs, off of Colorado Highway 115. From the city, take Nevada Avenue south, which becomes Colorado State Highway 115 to JL Ranch Heights Road opposite the Main Gate One entrance to Fort Carson. Programs are free unless otherwise noted, but vehicles entering the park must have a valid State Parks Pass (\$8 daily or \$80 annual).

For more information, call 719-576-2016 or visit,

<http://cpw.state.co.us/placestogo/Parks/CheyenneMountain/>

**[Follow us on Facebook and Instagram for events and information.](#)**