



Cheyenne Mountain State Park

COLORADO SPRINGS, Colo. – Summer is officially here and it's going to be a good one! One of the biggest events of the year is our Fun Before the Fourth event, happening July 1st. It will be chock full of fun activities for everyone, food trucks, and of course the Ft. Carson firework spectacle. The event will run from 5-8pm, with the fireworks commencing at 9:30.

New for July is our Senior Stroll program happening every 1st and 3rd Friday of the month, through September. This guided, easy walk will cover no more than a mile and offer engaging discussions on the rich surroundings with a new trail featured every week.

The July schedule is full of campfire talks, nature walks, and Jr Ranger programs sure to engage the mind of any age. For the literary enthusiasts, this month's Walk in the Woods will feature the life works of Mary Austin. There is something for everyone!

July Programs 2018



Sunday, July 1

Program: Fun Before the Fourth!

Time: 5:00 p.m. – 8:00 p.m.

Location: Prairie Skipper Group Picnic Area

Details: Celebrate Independence Day early with fun games, activities, crafts, and face painting! There will be education and exploration of the outdoors featuring the trivia wheel and discovery boxes. Food trucks will be onsite. Fort Carson fireworks can be enjoyed after the park event and will begin around 9:30 p.m. All park activities will be held at the Prairie Skipper picnic pavilion.

Friday, July 6

Program: Senior Stroll

Time: 9:30 a.m.

Location: Visitor Center

Details: Join our naturalist led morning stroll. Every 1st and 3rd Friday of the month, through September. This walk will be no more than a mile, with no more than 400 feet in elevation gain. We will take a different trail every time and explore, discuss, and discover the uniqueness each trail has to offer. Join us after our stroll for cookies and a cold beverage.

Saturday, July 7

Program: Jr. Ranger – First Aid

Time: 10:00 a.m.

Location: Camper Services

Details: Do you have the right stuff to be a Junior Park Ranger? Come find out! Learn how a ranger handles emergency situations. You can pick up a Junior Ranger training booklet at the Visitor Center or at class. Kids 7-12 years old can earn a Junior Ranger patch! Reservations requested.

Program: Big Cats

Time: 7:00 p.m.

Location: Camp site #19

Details: What do I do if I cross paths with a mountain lion? Knowing about lion behaviors can help to keep you and your family safe in the outdoors. Join us for an in-depth discussion of mountain lion biology. Please bring a camp chair.

Wednesday, July 11

Program: Wildflower Walk

Time: 9:00 a.m.

Location: Visitor Center

Details: This is a beautiful, easy guided nature walk lasts about an hour and a half and focuses on all the wonderful wildflowers that can be found around the Park. Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.

Thursday, July 12

Program: Photo Walk

Time: 7:30 p.m.

Location: Limekiln Trailhead

Details: We will be going on an evening 1.5 mile “golden light” hike. This hike is primarily to interact with other photographers and to learn from one another as well as to learn some basic photography principles. We are the artists and the park is our subject. This is *not* an intro class, please come knowing the basics of your camera. Closed toed shoes required, hiking shoes recommended.

Friday, July 13

Program: Nature Crafts

Time: 6:30 p.m.

Location: Camper Services

Details: Join us for a family fun craft night! We will have an array of crafts for the whole family, using the supplies that nature gives us. That’s not all! We will also have S’mores! Kids must be accompanied by an adult.

Saturday, July 14

Program: Beginner’s Archery Class

Time: 9:00 – 10:30 a.m.

Location: Archery Range

Details: Learn to shoot like a pro! One on one instruction will help students learn how to shoot or polish up on skills you already have. All equipment is provided. Ages 8 and up. Reservations are now open for all summer sessions! Space is limited, so call the Visitor Center at 719-576-2016 to save your spot!

Program: Family Mystery Hike

Time: 10:00 a.m.

Location: Visitor Center

Details: This one and a half hour naturalist-led hike challenges families to solve a puzzle, riddle or mystery as they walk and search for hidden clues along a one mile, easy trail. Recommended for ages 4 years and up. Children must be accompanied by an adult.

Program: Archery Practice Session

Time: 10:30 – 11:30 a.m.

Location: Archery Range

Details: Phase 2! For those that have completed one of our beginner archery classes, you are welcome to come out and practice those skills you learned. One on one instruction will help students polish up on the basic skills they learned in the beginner session. All equipment is provided. Ages 8 and up. Space is limited, so call the Visitor Center at 719-576-2016 to save your spot!

Program: Animal Tracks

Time: 7:00 p.m.

Location: Camp site #19

Details: Learn how to identify different animals just from their tracks! We can discover how animals live just by studying their feet. Please bring a camp chair.

Friday, July 20

Program: Senior Stroll

Time: 9:30 a.m.

Location: Visitor Center

Details: Join our naturalist led morning stroll. Every 1st and 3rd Friday of the month, through September. This walk will be no more than a mile, with no more than 400 feet in elevation gain. We will take a different trail every time and explore, discuss, and discover the uniqueness each trail has to offer. Join us after our stroll for cookies and a cold beverage.

Saturday, July 21

Program: Junior Ranger Class – Fire Safety

Time: 10:00 a.m.

Location: Camp site #19

Details: Do you have the right stuff to be a Junior Park Ranger? Find out about the good, the bad and the ugly of wildfires, and how rangers put out a wildfire. You can pick up a Junior Ranger training booklet at the Visitor Center or at class. Kids 7-12 years old can earn a Junior Ranger patch! Reservations requested.

Program: Raptors!

Time: 7:00 p.m.

Location: Camp site #19

Details: Discover what eagles, hawks and falcons live in Cheyenne Mountain State Park. You will take home several guides which will keep your eyes glued to the skies looking for our local raptors. Please bring a camp chair.

Tuesday, July 24

Program: Moth Night

Time: 9:00 p.m.

Location: Limekiln Trailhead

Details: Moths are the most diverse and successful organisms on earth. Come join Mile High Bug Club for a fun, all ages, night of sheet lighting. Mile High Bug Club is an educational, conservation organization promoting a better understanding of insects and arachnids in Colorado and beyond.

Wednesday, July 25

Program: Wildflower Walk

Time: 9:00 a.m.

Location: Visitor Center

Details: This is a beautiful, easy guided nature walk lasts about an hour and a half and focuses on all the wonderful wildflowers that can be found around the Park. Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.

Friday, July 27

Program: Full Moon Hike

Time: 8:00 p.m.

Location: Visitor Center

Details: Join us on this guided evening stroll as we explore moonlit landscapes and discover the nocturnal activities of owls and other nighttime creatures. Please bring a flashlight. Reservations Requested.

Saturday, July 28

Program: Literary Walk

Time: 9:30 – 11:30 a.m.

Location: Visitor Center

Details: Poet Robin Izer –latest book: *Wisdom Haiku*, will present *Mary Austin (1868—1934)*. Robin has given us Mary Oliver, Emily Dickinson and Gretel Ehrlich in past seasons. The program begins in the classroom with a biography of the author, proceeds with a one-mile nature walk on Zook Loop Trail, stopping half way at the Rock Garden to read selections from the author's work. For your comfort, consider bringing a lightweight folding chair or mat to sit on. Reservations requested.

Program: Hummingbirds

Time: 7:00 p.m.

Location: Camper Services

Details: There are four species of hummingbirds that come to Colorado. Come discover some of the special abilities of these tiny, feathered jewels.

Program: Moth Night

Time: 9:00 p.m.

Location: Limekiln Trailhead

Details: Moths are the most diverse and successful organisms on earth. Come join Mile High Bug Club for a fun, all ages, night of sheet lighting. Mile High Bug Club is an educational and conservation organization promoting a better understanding of insects and arachnids in Colorado and beyond.

Ongoing Programs

Programs: CMSP Trail Challenge and 100 Mile Trail Challenge

Time: Ongoing! Begins Jan. 1st, 2018 – Ends Dec. 31st, 2018

Location: Trail System

Details: Join the 800+ participants who have already accepted our challenge! The goal of the Trail Challenge is to complete ALL 18 of the existing trails for a total of 21.87 miles. Not enough of a challenge for you? The 100 Mile Trail Challenge goal is to log 100 miles of trail within the park. This challenge is a go-at-your-own-pace kind of challenge. A quick sign up is necessary and sign-up sheets will be available at the visitor center during business hours. All miles must be logged and checked off by staff. Completion of the Trail Challenge will earn a special patch and the 100 Mile completers will earn a CMSP Challenge Coin.

Every Monday, Wednesday, and Saturday

Program: Yoga in the Park Time: 9:00 a.m.

Location: Visitor Center Meeting Room

Details: What better setting for a morning workout than Cheyenne Mountain State Park! Join certified instructor Sudhanshu Semwal for Sankalp Yoga every Monday, Wednesday, and Saturday. Beginners are welcome. Dates, times, and locations are subject to change. Call 719-576-2016 to confirm classes or sign up for the weekly email reminder.

Donations are appreciated and a valid parks pass is required on all vehicles entering the park.

Cheyenne Mountain State Park is located at 410 JL Ranch Heights Road, south of Colorado Springs, off of Colorado Highway 115. From the city, take Nevada Avenue south, which becomes Colorado State Highway 115 to JL Ranch Heights Road opposite the Main Gate One entrance to Fort Carson. Programs are free unless otherwise noted, but vehicles entering the park must have a valid State Parks Pass (\$7 daily or \$70 annual).

For more information, call 719-576-2016 or visit,
<http://cpw.state.co.us/placestogo/Parks/CheyenneMountain/>

Follow us on Facebook and Instagram for events and information.