



Cheyenne Mountain State Park

COLORADO SPRINGS, Colo. –Cheyenne Mountain State Park is located south of Colorado Springs at 410 JL Ranch Heights Road. Take Nevada Avenue south, which becomes Colorado State Highway 115 to JL Ranch Heights Road opposite the Main Gate One entrance to Fort Carson. Turn to the west to the park entrance. Programs are free unless otherwise noted, but vehicles entering the park must have a \$7 daily or \$70 annual State Parks pass. For more information, call 719-576-2016.

May Programs 2018

Friday, May 4

Program: Pre-school Prairie Dog Activity and Walk

Time: 9:00 a.m. – 10:30 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: Join us for this fun activity-based program! Children will make their own paper prairie dog puppets, learning about their special adaptations and behavior! We will then meet for a short walk to observe prairie dogs in the park!

Suggested for children ages 3-5. Reservations required. State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Saturday, May 5

Program: Guided Nature Walk

Time: 10:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Join a naturalist for a short, roughly one-mile guided Nature Walk. We will learn about the local ecology and natural features that make Cheyenne Mountain State Park Unique! **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park pass is required (Daily Pass \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Sunday, May 6

Program: Touch Table – Skins and Skulls

Time: 11:00 a.m. – 1:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Drop by between 11:00 a.m. and 1:00 p.m. to get hands-on with various artifacts from animals in our park! Learn about the different adaptations that help these animals survive in the wild.

State Park pass is required (Daily Pass \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Wednesday, May 9

Program: Wildflower Walk

Time: 9:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: Wednesday Wildflower Walks begin again! This is a beautiful, easy guided nature walk with volunteer naturalist Lucy Bell, which lasts about an hour and a half and focuses on all the wonderful wildflowers that can be found around the Park. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Thursday, May 10

Program: The Cheyenne Mountain Complex

Time: 5:00 p.m. - 5:30 p.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: Have you ever wondered what REALLY goes on inside Cheyenne Mountain? Join us as we de-mystify one of the most secure facilities in the world, and our neighbor- the Cheyenne Mountain Air Force Station!

Reservations required. State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Friday, May 11

Program: Campfire Talk: Nocturnal Animals of Cheyenne Mountain State Park

Time: 6:00 p.m. - 6:30 p.m.

Location: Cheyenne Mountain State Park Swift Puma campground, campsite 19

Details: Join us to learn about the amazing wildlife that comes out at night in Cheyenne Mountain State Park, and their remarkable nighttime adaptations!

Reservations requested. State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Saturday, May 12

Program: Women's Beginner Archery Class

Time: 9:00 a.m. – 10:30 a.m.

Location: Cheyenne Mountain State Park Archery Range – Pine Oaks Rd

Details: Ladies - Learn to shoot like a pro! One on one instruction will help students learn how to shoot or polish up on skills you already have. All equipment is provided. This session is intended for women aged 14 and up.

Reservations required. State Park pass is required (Daily Pass \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Program: Guided Nature Walk

Time: 10:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: Join a naturalist for a short, roughly one-mile guided Nature Walk. We will learn about the local ecology and natural features that make Cheyenne Mountain State Park Unique! **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park pass is required (Daily Pass \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Tuesday, May 15

Program: Bird Hike

Time: 8:00 a.m. – 9:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: It's migration time! Join birding expert Barry Cooper on an easy hike to look for and identify both resident and migratory bird species. We recommend that you bring water, binoculars, and a notepad. No experience necessary.

Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.

Reservations requested. State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Saturday, May 19

Program: Kids to Park Day

Time: 10:00 a.m. – 2:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Join us as we celebrate Kids to Parks Day, sponsored by the National Park Trust. We will have a variety of fun activities including archery, interactive displays, guided hikes, crafts and much more! **Close-toed shoes required for guided nature hikes.** Event and activities are free but a State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Tuesday, May 22

Program: Bird Hike

Time: 8:00 a.m. – 9:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: **Details:** It's migration time! Join birding expert Barry Cooper on an easy hike to look for and identify both resident and migratory bird species. We recommend that you bring water, binoculars, and a notepad. No experience necessary. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Wednesday, May 23

Program: Wildflower Walk

Time: 9:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: Wednesday Wildflower Walks begin again! This is a beautiful, easy guided nature walk with volunteer naturalist Lucy Bell, which lasts about an hour and a half and focuses on all the wonderful wildflowers that can be found around the Park. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Saturday, May 26

Program: Literary Walk in the Woods

Time: 9:30 a.m. – 11:30 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: John Stansfield will portray Dr. Charles Fox Gardiner (1857-1947) Colorado frontier physician for this first in the series Literary Walk. The program begins in the classroom with a biography and then proceeds with a one-mile nature walk on Zook Loop, stopping halfway at the "rock garden" to read selections from the author's work. For your comfort, consider bringing a lightweight folding chair or mat to sit on.

Reservations requested. State Park pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016 www.cpw.state.co.us

Tuesday, May 29

Program: Bird Hike

Time: 8:00 a.m. – 9:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: It's migration time! Join birding expert Barry Cooper on an easy hike to look for and identify both resident and migratory bird species. We recommend that you bring water, binoculars, and a notepad. No experience necessary.

Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.

Reservations requested. State Park pass is required (Daily \$7, Annual \$70).

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Ongoing Programs

Programs: CMSP Trail Challenge and 100 Mile Trail Challenge

Time: Ongoing! Begins Jan. 1st, 2017 – Ends Dec. 31st, 2017

Location: Cheyenne Mountain State Park Trail System

Details: After receiving such a popular response from our 2017 participants, the Trail Challenge will continue into 2018! Join the 500+ participants who have already accepted our challenge! The goal of the Cheyenne Mountain State Park Trail Challenge is to complete ALL 18 of the existing trails for a total of 21.87 miles. Not enough of a challenge for you? The 100 Mile Trail Challenge goal is to log 100 miles of trail within the park. This challenge is a go-at-your-own-pace kind of challenge. A quick sign up is necessary and sign-up sheets will be available at the visitor center during business hours. All miles must be logged and checked off by staff. Completion of the Trail Challenge will earn a special patch and the 100 Mile completers will earn a CMSP Challenge Coin.

Information: 719-576-2016, www.cpw.state.co.us

Every Monday, Wednesday, and Saturday

Program: Yoga in the Park Time: 9:00 a.m.

Location: Visitor Center Meeting Room

Details: What better setting for a morning workout than Cheyenne Mountain State Park! Join certified instructor Sudhanshu Semwal for Sankalp Yoga every Monday, Wednesday, and Saturday. Beginners are welcome. Dates, times, and locations are subject to change. Call 719-576-2016 to confirm classes or sign up for the weekly email reminder.

Donations are appreciated and a valid parks pass is required on all vehicles entering the park.

Information: 719-576-2016, www.cpw.state.co.us