



Cheyenne Mountain State Park

COLORADO SPRINGS, Colo. –Cheyenne Mountain State Park is located south of Colorado Springs at 410 JL Ranch Heights Road. Take Nevada Avenue south, which becomes Colorado State Highway 115 to JL Ranch Heights Road opposite the Main Gate One entrance to Fort Carson. Turn to the west to the park entrance. Programs are free unless otherwise noted, but vehicles entering the park must have a \$7 daily or \$70 annual State Parks pass. For more information, call 719-576-2016.

June Programs 2017

Saturday, June 3

Program: Bird Hike

Time: 7:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: It's migration time! Join us on a hike to look for and identify both resident and migratory bird species. We recommend that you bring water, binoculars, and a notepad. We have some binoculars you may borrow if you wish. No experience necessary. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.** Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Program: What's Blooming Discovery Hike

Time: 10:30 a.m. – 12:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead Parking Lot

Details: Discover what's blooming around Cheyenne Mountain with the park naturalist on an easy, one mile trail.

Recommended for ages 6 years and up. Closed-toe shoes required. Hiking shoes recommended.

Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Sunday, June 4

Program: Touch Table and Discovery Boxes– Owls of Cheyenne Mountain State Park

Time: 11:00 a.m. – 1:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Come touch, examine, and learn about some of the owls that call Cheyenne Mountain State Park home. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Tuesday, June 6

Program: Bird Hike

Time: 7:30 a.m. – 9:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: It's migration time! Join birding experts Charlie Campbell and Barry Cooper on an easy hike to look for and identify both resident and migratory bird species. We recommend that you bring water, binoculars, and a notepad. We have some binoculars you may borrow if you wish. No experience necessary. **Recommended for ages 7 and up. Closed-**

toe shoes required. Hiking shoes recommended.

Reservations requested. State Park's pass is required (Daily \$7, Annual \$70). **Information:** 719-576-2016

Friday, June 9

Program: Trail Challenge Hike

Time: 8:30 a.m. – 10:30 a.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Have you signed up for our Trail Challenge? Are you having difficulties with best connecting routes or the motivation to finish? For this hike we will start relatively easy with an approximate 2 miles section of trail that includes the nicknamed "4 color trail." You will earn a stamp on Zook Loop, Turkey Trot, and Little Bear trails. Bring sunscreen and water. No experience necessary. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.** Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Program: Full Moon Hike--Strawberry Moon

Time: 8:00 p.m. – 9:30 p.m.

Location: Cheyenne Mountain State Park Camper Services

Details: Join us on this one and a half hour full moon evening stroll as we explore moonlit landscapes, discover the nocturnal activities of nighttime creatures, and celebrate the strawberry harvest! This is a naturalist-guided walk.

Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.

Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Saturday, June 10

Program: Beginning Archery Class

Time: 9:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Archery Range

Details: Give archery a try, or polish up skills you already have! One on one instruction will help students learn how to shoot. All equipment is provided. **Reservations are required** and the class is limited to 18 students. State Park's pass is required (Daily \$7, Annual \$70). You may purchase a park pass at the Archery Range with cash or check.

Information: 719-576-2016

Program: Archery Practice

Time: 11:00 a.m. – 12:00 p.m.

Location: Cheyenne Mountain State Park Archery Range

Details: For those who have completed our beginning archery class, we are offering a practice session to hone your skills. Equipment and instruction provided. **Reservations required.** State Park's pass is required (Daily \$7, Annual \$70). You may purchase a park pass at the Archery Range with cash or check.

Information: 719-576-2016

Program: What's Blooming Discovery Hike

Time: 10:30 a.m. – 12:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead Parking Lot

Details: Discover what's blooming around Cheyenne Mountain with the park naturalist on an easy, one mile trail.

Recommended for ages 6 years and up. Closed-toe shoes required. Hiking shoes recommended.

Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Sunday, June 11

Program: Touch Table – Prairie Dogs

Time: 11:00 a.m. – 1:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Come touch, examine, and learn about these animals that call Cheyenne Mountain State Park home. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Wednesday, June 14

Program: Wildflower Hike

Time: 9:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: Wednesday Wildflower Walks begin again! This is a beautiful, easy guided nature walk with volunteer naturalist Lucy Bell, that lasts about an hour and a half and focuses on all the wonderful wildflowers that can be found around the Park. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Saturday, June 17

Program: Father/Child Archery Class

Time: 9:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Archery Range

Details: Join us Father's Day weekend and give archery a try, or polish up skills you already have! One on one instruction will help students learn how to shoot. All equipment is provided. **Reservations are required** and the class is limited to 18 students. State Park's pass is required (Daily \$7, Annual \$70). You may purchase a park pass at the Archery Range with cash or check.

Information: 719-576-2016

Program: Literary Walk

Time: 9:30 a.m. - 11:30 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: CMSP continues its summer season of the Literary Walk in the Woods on June 17, featuring Nebraska writer, Mari Sandoz, (1896-1966). Mari's realistic portrayal of pioneer reality in the Sand Hills of Nebraska in her classic book, *Old Jules*, broke the rules and infuriated some, while others recognized the genius of her writing. This program will be presented by Lucy Bell, with portrayal of Mari Sandoz by Pat Cooper. The program will begin in the classroom with a biography of the author. We will then go on a one-mile nature walk on Zook Loop Trail and make a stop at the Rock Garden where we will hear selections from the author's work. For your comfort, consider bringing a lightweight folding chair or mat to sit on. Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Program: Jr. Ranger—Wildlife Encounters

Time: 11:00 a.m. – 12:30 p.m.

Location: Cheyenne Mountain State Park Camper Services

Details: Do you love the outdoors and think you have what it takes to be a Junior Park Ranger? What does a ranger do when encountering wildlife? Come find out! You can pick up a Junior Ranger training booklet at the Visitor Center or at class. Kids 7-12 years old can earn a Junior Ranger badge and/or a colorful patch depending on levels completed.

Recommended for ages 7-12. Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Sunday, June 18

Program: Father's Day Discovery Hike

Time: 9:00 a.m. - 10:30 a.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead Parking Lot

Details: Bring your father, or if you're a father bring your child/children to Cheyenne Mountain State Park to join a park naturalist on a discovery hike. You will get to explore one of the park's popular trails, where you will learn about the flora and fauna of Cheyenne Mountain State park.

Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Program: Touch Table and Discovery Boxes—Bears

Time: 11:00 a.m. - 1:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Come touch, examine, and learn about these animals that call Cheyenne Mountain State Park home. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Friday, June 23

Program: Trail Challenge Hike

Time: 8:30 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Have you signed up for our Trail Challenge? Are you having difficulties with best connecting routes or the motivation to finish? For this hike we will be completing Raccoon Ridge, Boulder Run, and Medicine Wheel. The complete loop will be roughly 3-3.5 miles with a stunning overlook near the finish. Bring sunscreen and water. No experience necessary. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.** Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Program: Moth Night

Time: 8:00 - 9:30 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Come join us on the new moon by tracking moths with insect experts from the Mile High Bug Club. Discover how amazing these nighttime insects can be. Fabric sheets and special lights will be used to attract moths for close inspection and identification.

Information: 719-576-2016

Saturday, June 24

Program: Mystery Hike

Time: 1:00 p.m. – 2:30 p.m.

Location: Cheyenne Mountain State Park Camper Services

Details: This naturalist-led hike challenges participants to solve a puzzle, riddle or mystery as they search for hidden clues along a one-mile or less, easy trail. We have eight different mystery hikes, so come see which one needs to be solved today! **Recommended for ages 4 years and up. Children must be accompanied by an adult.** Closed-toe shoes required. Hiking shoes recommended. Reservations requested and State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Sunday, June 25

Program: Touch Table and Discovery Boxes—Coyotes

Time: 11:00 a.m. - 1:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: Come touch, examine, and learn about these animals that call Cheyenne Mountain State Park home. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Wednesday, June 28

Program: Wildflower Hike

Time: 9:00 a.m. - 11:00 a.m.

Location: Cheyenne Mountain State Park Visitor Center

Details: Wednesday Wildflower Walks begin again! This is a beautiful, easy guided nature walk with volunteer naturalist Lucy Bell, that lasts about an hour and a half and focuses on all the wonderful wildflowers that can be found around the Park. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

Information: 719-576-2016

Ongoing 2017 Programs

Programs: CMSP Trail Challenge and 100 Mile Trail Challenge

Time: Ongoing! Begins Jan. 1st, 2017 – Ends Dec. 31st, 2017

Location: Cheyenne Mountain State Park Trail System

Details: Join the 300+ participants who have already decided to take our challenge! The goal of the Cheyenne Mountain State Park Trail Challenge is to complete ALL 18 of the existing trails for a total of 21.87 miles. Not enough of a challenge for you? The 100 Mile Trail Challenge goal is to log 100 miles of trail within the park. This challenge is a go-at-your-own-pace kind of challenge. A quick sign up is necessary and sign-up sheets will be available at the visitor center anytime after Jan 1st. All miles must be logged and checked off by staff. Completion of the Trail Challenge will earn a special patch and the 100 Mile completers will earn a CMSP Challenge Coin.

The challenge is free but a valid parks pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

Information: 719-576-2016, www.cpw.state.co.us

Every Monday, Wednesday, and Saturday

Program: Yoga in the Park Time: 9:00 a.m.

Location: Visitor Center Meeting Room

Details: What better setting for a morning workout than Cheyenne Mountain State Park! Join certified instructor Sudhanshu Semwal for Sankalp Yoga every Monday, Wednesday, and Saturday. Beginners are welcome. Dates, times, and locations are subject to change. Call 719-576-2016 to confirm classes or sign up for the weekly email reminder.

Donations are appreciated and a valid parks pass is required on all vehicles entering the park.

Information: 719-576-2016, www.cpw.state.co.us